

Hello and welcome to the **Arco Academy**, the eLearning Tool for our archers. Before you begin, we have a few pieces of information for you which should help you to orient yourself.

### Why a sports certificate?

The safe and proper shooting with a bow is a sports proficiency, which, just like in other sports, is obtained step by step and is awarded with a certificate. In archery, these are the coloured ARROWS, which recognise and testify for the knowledge and competencies of the archer. The degree system of World Archery follows the rings on the standard target face. In other words, one begins from the outer edge with the White Arrow and progresses through Black, Blue and Red, to finally obtain the Gold Arrow. Yes, we call yellow gold. We are funny that way.



The Gold Arrow is the “Crowning achievement” of the certificates of World Archery and opens the doors to the competition level. The skills and competences of the archer will allow her to participate with good chances at archery tournaments.

Many clubs, including us, require that a newly transferred archer should be able to present at least the White Arrow. This certifies for safety on the shooting range.

It should be expected that also 3D parcours and other archery ranges will require such a ground level competence in the near future. You, dear archer, can already make the first step in this direction.

The basic training, completed by the archers taught by us on their first day in Arco-Vienna, is still not the White Arrow. Nevertheless, it offers a good basis and is already an important step on the way to it.

This eLearning System is intended for the archers of Arco-Vienna who would like to further develop their knowledge and skills and would like to obtain a certificate for this. Regardless whether you are driven by the passion for tournaments or would like to train on other archery ranges, you can always prove your competence by showing your archer’s certificate. If you would like to keep shooting at Arco-Vienna without bothering with degrees and certificates, this is of course perfectly fine.

## How can I achieve the White Arrow?

In order to obtain a skill level, every archer must pass an exam. As the saying goes, „No pain – no gain!“. The exam consists of three components:

- ↪ A theoretical part, where you answer questions about safety and archery in general.
- ↪ A practical part, where you demonstrate your technique to the examiners.
- ↪ A performance part, where you shoot 15 arrows in 5 ends of 3 and have to achieve a certain score.

The required performance is 105 points without a scope (Intuitive bow, Barebow and Longbow) or 115 points with a scope (Olympic recurve and Compound).

## So if I make these courses online, I will automatically receive the White Arrow?

**Attention!** The eLearning Tool facilitates the access to all documents and is a neat alternative for a self-test, but it is in no way a substitution for the real examination. The task of the Tool consists in preparing you for the theoretical and practical exam and thus being of assistance to you.

## All right, so what should I do then?

There is a separate course for each of the five degrees. You can choose the German or the English version, they carry the same weight for us. In every course you will find:

- ↪ The **Criteria** that you need to fulfil in order to obtain the degree. All exam questions and documents are organised according to these criteria.
- ↪ The **Rules** of World Archery: This is the raw resource which we use for all lessons and test questions, together with the Beginner Manual.
- ↪ The **Beginner Manual**. This is the most important source of information. The test questions come either from the Beginner Manual or from the WA Rulebook. Please note that while the rulebooks and the state of the art of archery are updated regularly, it may some time for the changes to be incorporated into the Beginner Manual. If you find any discrepancy between the Manual and the Lessons, do not hesitate to ask any of us.

**NB:** You do not need to learn the complete WA Rulebook in order to pass the exam. It is meant to help you in case of uncertainties.

- ↪ A **Glossary** of archery-related terminology will help you to answer the questions
- ↪ We have also created **Lessons** and **Manuals**, addressing the relevant exam topics. For example, in order to obtain the White Arrow the archer must be able to fill out a scorecard. A manual on the topic can be found in the White Arrow course.

There is a test at the end of each course. All questions are asked as „Multiple choice“. This means that you have to find and select the real answer(s). The test consists of 15 questions, chosen randomly from a question databank. You may encounter new questions every time you repeat the test. For the final exam in Arco-Vienna, the questions are going to be the same, but they will be posed in an “open” manner. In other words, you will have no options to choose from and will have to write the correct answer yourself. Have no fear, most of the questions for the White and the Black arrow can be answered with a simple sentence or a word. Things will get more complicated later on.

### What will the real exam look like?

Dates will be announced or arranged personally with the interested archers. We will take our time for you! First you will complete the theoretical part. For the White and the Black Arrow, you will have 30 minutes to answer the 15 questions. For the Blue and the Red Arrow the time will be 45 minutes per arrow, and one hour will be allotted for the Gold Arrow. In order to pass the theoretical part, you need to collect at least 80% of the maximal score. This corresponds to 12 out of 15 correctly answered questions.

The practical test and the performance test occur simultaneously. You position yourself at the shooting line and shoot your 15 arrows in five ends of three. An examiner will stand by you and look at your technique. If your shooting meets the criteria, the corresponding fields on the examiner's checklist will be ticked off. Remember to look in the criteria so that you know exactly what we are looking for. You need to meet all criteria and a score of at least 105 points for Intuitive bow, Barebow or Longbow or 115 points for Olympic recurve or Compound. The distance varies according to the aspired degree.



### How much does the exam cost? Can I do more than one at the same time?

In contrast to other course providers, we have a very modest exam fee, since you are already training with us and the eLearning tool replaces the costly theoretical course. Therefore, the exam fee is as low as 35 € for one degree. If you are an advanced archer and feel secure in your skills, you can do more than one exam on the same day. In this case, there is a surcharge of 15 € for each additional exam you do.

- ↪ For example: You would like to do the exams from the White to the Blue arrow on the same occasion, because you shoot accurately and know your theory. Normally you would have to do the White arrow test first, then the Black and only afterwards would you be able to obtain the Blue arrow. In other words, you would like to do a three-in-one test. In this case you would have to pass the theoretical and practical parts of all three exams: first the White, then the Black and finally the Blue. The total duration of the exam would be 40 + 40 + 55 minutes, if we take 10 minutes for the performance part. We take the time to be with you and we conduct the exam very carefully. If you do not manage to pass the entire exam, you will receive only the degree which you actually deserve... and no money back. Fair play and quality assurance are important for us!
- ↪ **Attention:** The Gold Arrow is the last degree in the World Archery system. The required skills and knowledge are heavily influenced from the official tournaments and we want to make absolutely sure that you possess them. Therefore, **no combination exams for the Gold Arrow** are allowed. You will have to obtain the Red Arrow first, then we make a separate Golden Exam for you.

## What do I become as a proof of my skills?

All Arco-Vienna trainers are taught by Archery Austria and are authorised to assign exams and issue archer certificates. As a visible sign of your competence, you will become a certificate, as well as a custom-made archer's pass. We recommend that you bring this ID when you shoot, because you can be proud of it!

The certificate has a useful hole and can be attached to the quiver or to the bow case. You can also carry it in your wallet.



Have fun improving your skills!  
Yours, the Arco-Vienna Team!